

A non-profit association devoted to the welfare of all retired City of San Jose Employees and dedicated to the protection and integrity of the Retirement System

P.O. Box 26515, San Jose, Ca. 95159-6515



## Looking Ahead | Moving Forward

by Bob Leininger, SJREA President

The summer “break” is over. City Hall is shifting forward out of neutral and the current matters affecting retirees continue grinding along. Here’s the update:

- **2020 MEDICAL PLANS:** As noted last month, the City Council approved the 2020 Health Plans for actives and retirees on June 25, 2019. The two providers will be Kaiser and Anthem/Blue Shield. Pre-Medicare Sutter plans have been dropped primarily due to Sutter’s limited coverage areas. The new Anthem plans will cover 22 counties in California and include an HMO and some PPO options.

Amanda Ramos of Retirement Services made an excellent presentation on the 2020 plans at the August 8th Membership Meeting. Her slides and rate sheets are posted on the SJREA website.

It should be noted that the City will follow the usual November open enrollment process and that is the time for addressing your specific questions and making any Plan changes you may want to make.

The Association Board wants to recognize the City staff and Retirees who devoted considerable time and effort in this RFP process. Five proposals were thoroughly analyzed according to a point system; and, while there are still improvements to be made in certain areas, this year’s results have addressed number of deficiencies. Thanks to the following RFP participants: Staff from Office of Retirement Services, Human Resources, Employee Unions and SJREA.

- **IRS SECTION 415 LAWSUIT:** George Rios provided an update at the August 8th general membership meeting. As previously noted, the City and the Retiree/Plaintiffs are continuing to conduct depositions, exchange interrogatories and requests for production of documents as part of normal exchange of information. The City has taken the depositions of plaintiffs George Rios, Evet Loewen and Nona Tobin. Plaintiffs have taken the depositions of Roberto Pena and Donna Busse. There is a Case Management Conference (CMC) in Superior Court currently scheduled on August 23rd. At the court conference, the attorneys for the retiree plaintiffs will likely be seeking to have a trial date set. It is unclear what position the City will take. There are still depositions that need to be taken by both sides so it is possible that the judge will set another CMC in two to three months. We will continue to provide updates.
- **RETIREMENT STAKEHOLDERS WORKING GROUP:** As noted, the City Council accepted the Mayor’s budget proposal to take a new look at pension costs, and approved this Working Group to explore topics such as actuarial valuations, amortization schedules, discount rates, investment strategies, and budgetary impact of retirement costs. The SJREA will be part of the monthly meetings as per City Council direction. In order to prepare for the fall start up, this Board is planning some internal study sessions over the next couple of months to include a members “roundtable” at the October meeting. In the meantime, any ideas you have on ways for the City to address these types of cost will be appreciated.

**COME TO A MEETING...Parking is FREE! Parking passes are handed out inside the meeting.**

## **RETIREMENTS**

Brent Andrew Erkel, Construction Manager, Public Works Department, September 7, 2019  
Marc Estensen, Maintenance Worker II, Department of Transportation, October 5, 2019  
Carolyn Galdo, Police Data Specialist II, Police Department, October 5, 2019  
Joseph Jones, Mechanic II, Environmental Services Department, July 25, 2019  
Henry Juarez Jr., Building Inspector Combination, Planning, Building and Code Enforcement Department, August 10, 2019  
Charles J. McClain, Instrument Controls Technician, Environmental Services Department, October 19, 2019  
Maria J. Murillo, Analyst II, City Manager's Office, August 10, 2019  
Tony Murphy, Senior Mechanic, Public Works Department, August 10, 2019  
Evin D. Ngo, Senior Engineering Technician, Public Works Department, October 5, 2019  
Ricardo Perez, Maintenance Worker II, Department of Transportation, August 10, 2019  
Ruben E. Reyes, Maintenance Worker II, Department of Transportation, October 5, 2019  
Maggie Suson-Nale, Planning Technician, Planning, Building and Code Enforcement Department, August 24, 2019  
Wes Tanaka, Senior Engineering Technician, Environmental Services Department, October 19, 2019  
Jeanette Warne, Planner II, Planning, Building and Code Enforcement Department, August 24, 2019  
Peter Williams, Senior Air Conditioning Mechanic, Environmental Services Department, September 7, 2019  
Kenney Wright, Senior Office Specialist, Parks, Recreation and Neighborhood Services Department, June 22, 2019

## **DEFERRED VESTED**

Lew Cary Baumad, Senior Sanitary Engineer, Environmental Services Department, September 14, 2019  
Debra Caldon, Supervising Environmental Services Specialist, Environmental Services Department, July 6, 2019  
Rajiv Das, City Physician, Human Resources Department/Office of Retirement Services, August 7, 2019  
Rebecca L. Lorente, Senior Public Safety Dispatcher, Police Department, September 17, 2019  
Vivian Pham Nguyen, Senior Account Clerk, Finance Department, September 1, 2019  
Steve Solidarias, Video/Multimedia Producer, Police Department, July 25, 2019  
John Snyder, Associate Construction Inspector, Department of Transportation, July 3, 2019

## **DEATH NOTIFICATIONS**

Mary Cabral, Office Specialist II, retired March 31, 2007, died June 21, 2019  
Alec Covich, Architect II, retired February 23, 1985, died June 23, 2019  
Charles M. Del Re, Investigator/Collector, retired October 5, 1996, died June 10, 2019  
Gary Huntley, Equipment Maintenance Supervisor, retired September 26, 1992, died May 23, 2019  
Marlene Komrosky, Office Specialist II, retired July 2, 2005, died April 24, 2019  
Albert D. Lopez, Maintenance Worker II, retired October 28, 2000, died June 11, 2019  
Alice McCann, Executive Secretary, retired March 22, 1986, died July 11, 2019  
Thomas Pratt, Personnel Analyst IV, retired April 24, 1985, died June 2, 2019  
C. William Rose, Plant Shift Supervisor, retired August 29, 1992, died July 8, 2019  
Wilma Schultz, Records Clerk, retired March 29, 1980, died June 20, 2019  
Sandra Tyson, Senior Analyst, retired January 11, 1998, died June 28, 2019  
Ilse Werdermann, Development Specialist, retired May 7, 2005, died July 1, 2019

**FREE parking** *Senior Safari* 2019 at Happy Hollow Park & Zoo **FREE admission!**

**Thursdays, 9:00 am - 10:00 am - August 22 - September 26 - October 24**

Visitors age 50 and up are invited to take over San Jose's iconic Happy Hollow Park & Zoo in a kid-free environment.

Guests who enter before 10:00 am may stay the whole day for free!



Join us for a BBQ lunch at the September 12th General Membership Meeting.  
FREE TO MEMBERS - \$10 for guests (make checks payable to SJREA).

Please RSVP by September 9th to Joan Lockwood at [joanL49@msn.com](mailto:joanL49@msn.com) or mailing the form below.

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Member: \_\_\_\_\_ Phone: \_\_\_\_\_

Guest(s): \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Mail to: Joan Lockwood, 1931 Somersworth Drive, San Jose, CA 95124-1347

## Excellent Info.....The "One-and-a-half-minute law"

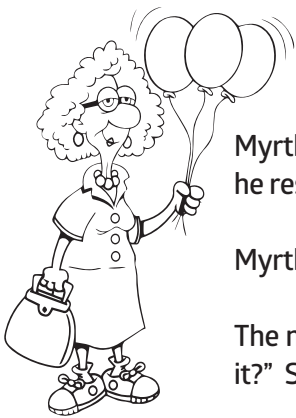
This is a very important warning for those who wake up at night to go to the bathroom..

By waking up suddenly, we often hear that someone "was well in good health and died suddenly during the night without reason."

The most likely reason is that when you wake up to go to the bathroom, you get up from bed in a hurry, but the brain needs greater blood flow, for having rested, causing a state of fainting and that is when the stroke happens. It is recommended to learn the "**One-and-a-Half-minute law**" that can save your life.

When you wake up to go to the bathroom, you must first: **Lay for 30 seconds after waking up and then sit up I bed for 30 more seconds lowering your legs quietly and sit like that for another 30 seconds" and only then get up to go to the bathroom.**

With these steps the chances are gigantic to survive a suden stroke, regardless of age.



## We Seniors...

Myrtle goes into the kitchen and notices that Merlin has a new thermos. She asks him what it's for, and he responds, "It keeps hot things hot, and cold things cold."

Myrtle wants one too, so she goes to the local store and she buys one for herself.

The next day she proudly displays her new thermos in front of Merlin. He asks, "What do you have in it?" She says, "Soup and ice cream!"

## Reminder.....

Have you moved or changed your email address? If so, don't forget to inform us. You can update your information by sending it to [newslettersjrea@gmail.com](mailto:newslettersjrea@gmail.com)

SAN JOSE  
**Retired Employees**  **Association**

**NEXT MEETING:** September 12, 2019  
**TIME:** Board Meeting 9:00-10:30 am  
Membership Meeting 10:30-12:00 pm  
**PLACE:** Leininger Center  
1300 Senter Road  
**PROGRAM:** Sam's BBQ Lunch

**Save the Dates:**

September 12th - Sam's BBQ Lunch  
October 10th - TBA  
November 14th - 2020 Health Plans  
December 4th - Holiday Lunch

**Association Officers**

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<b>John Pletsch</b> , <i>2nd V.P.</i> jeplet@sbcglobal.net	408-274-2992
<b>Joan Lockwood</b> , <i>Secretary</i> joanL49@msn.com	408-371-1989
<b>Donna Jewett</b> , <i>Treasurer</i> d.jewett@sbcglobal.net	408-264-6780

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